

# LICKING COUNTY 4-H CAMP

## Super Session Schedule and Descriptions

### June 18-21, 2022

#### SATURDAY, JUNE 18, 2022

##### SATURDAY 2:00 p.m. Super Session

- 101 Balloon Animals
- 102 Basketball
- 103 Camp Songs
- 104 Cheerleading
- 105 Creeking / Stream Study
- 106 Disc Golf – Beginner (Double)
- 107 High Ropes (Ages 12+) \$ (Triple)
- 108 No-Sew Fleece Blankets \* (Double)
- 109 Outdoor Recreation
- 110 Paper Rockets
- 111 Shooting Sports: Pistol (Age 12+) \$ (Triple)
- 112 Shrinky Dinks \$
- 113 Sling Shot
- 114 Snack Attack \$ (Double)
- 115 Team Challenge (Triple)
- 116 Zipline & Climbing Wall (Triple)

##### SATURDAY 3:00 p.m. Super Session

Sessions Continued from 2:00 p.m.: Disc Golf, High Ropes, No-Sew Fleece Blankets, Shooting Sports, Snack Attack, Team Challenge and Zipline & Climbing Wall

- 201 Archery
- 202 Balloon Animals
- 203 Canoeing & Kayaking
- 204 Canvas Painting (Ages 12+) \$
- 205 Creeking / Stream Study
- 206 Flying Squirrel (Double)
- 207 Nature Hike (Double)
- 208 Sand Art Creations \$
- 209 Sling Shot
- 210 STEM – Drone Operation Basics (Double)

##### SATURDAY 4:00 p.m. Super Session

Sessions Continued from 3:00 p.m.: Flying Squirrel, High Ropes, Nature Hike, Shooting Sports, STEM – Drones, Team Challenge and Zipline & Climbing Wall

- 301 Archery
- 302 Balloon Animals
- 303 Basketball
- 304 Canoeing & Kayaking
- 305 Creeking / Stream Study
- 306 Disc Golf – Advanced
- 307 Friendship Bracelets \$
- 308 Outdoor Recreation
- 309 Pretty Painted Pots \$
- 310 Sling Shot

#### Sunday, June 19<sup>th</sup>

##### SUNDAY 9:15 a.m. Super Session

- 401 Cheerleading
- 402 Creeking / Stream Study
- 403 Disc Golf – Beginner (Double) 404 Fishing \* (Triple)
- 405 High Ropes (Ages 12+) \$ (Triple)
- 406 Line Dance
- 407 Nature Hike (Double)
- 408 Paper Rockets
- 409 Shooting Sports: Shotgun (Age 12+) \$ (Triple)
- 410 Shrinky Dinks \$
- 411 Snack Attack \$ (Double)
- 412 Spanish 101
- 413 Team Challenge (Triple)
- 414 Tie Dye \$ \*
- 415 Zip Line & Climbing Wall (Triple)

##### SUNDAY 10:15 a.m. Super Session

Sessions Continued from 9:15 a.m.: Disc Golf, Fishing, High Ropes, Nature Hike, Shooting Sports, Snack Attack, Team Challenge, Zipline & Climbing Wall

- 501 Archery
- 502 Canoeing & Kayaking
- 503 Creeking / Stream Study
- 504 Flying Squirrel (Double)
- 505 Line Dance
- 506 No-Sew Fleece Blankets \* (Double)
- 507 STEM – Drone Operation Basics (Double)
- 508 Tie Dye \$ \*

##### SUNDAY 11:15 a.m. Super Session

Sessions Continued from 10:15 a.m.: Fishing, Flying Squirrel, High Ropes, No-Sew Fleece Blankets, Shooting Sports, STEM – Drones, Team Challenge, Zipline & Climbing Wall

- 601 Archery
- 602 Canoeing / Kayaking
- 603 Creeking / Stream Study
- 604 Disc Golf – Advanced
- 605 Friendship Bracelets \$
- 606 Line Dance
- 607 Pretty Painted Pots \$
- 608 Spanish 101
- 609 Tie Dye \$ \*

# Monday, June 20<sup>th</sup>

## MONDAY 9:15 a.m. Super Session

- 701 Atlatl Adventures
- 702 Camp Songs
- 703 Canvas Painting (Ages 12+) \$
- 704 Creeking / Stream Study
- 705 Fishing \* (Triple)
- 706 High Ropes (Ages 12+) \$ (Triple)
- 707 Outdoor Recreation
- 708 Paper Rockets
- 709 Shooting Sports: Rifle \$ (Triple)
- 710 Shrinky Dinks \$
- 711 Snack Attack \$ (Double)
- 712 Team Challenge (Triple)
- 713 Zip Line & Climbing Wall (Triple)

## MONDAY 10:15 a.m. Super Session

Continued from 9:15 a.m.: Fishing, High Ropes, Shooting Sports, Snack Attack, Team Challenge and Zipline & Climbing Wall

- 801 Archery
- 802 Canoeing & Kayaking
- 803 Cheerleading
- 804 Creeking / Stream Study
- 805 Flying Squirrel (Double)
- 806 No-Sew Fleece Blankets \* (Double)
- 807 Outdoor Recreation
- 808 Sew Fun: 4-H Pillowcase \$ (Double)
- 809 STEM – Drone Operation Basics (Double)
- 810 Swing Dance / Square Dance

## MONDAY 11:15 a.m. Super Session

Sessions Continued from 10:15 a.m.: Fishing, Flying Squirrel, High Ropes, Sewing Fun, Shooting Sports, STEM-Drones, Team Challenge, Zipline & Climbing Wall

- 901 Archery
- 902 Atlatl Adventures
- 903 Canoeing & Kayaking
- 904 Canvas Painting (Ages 12+) \$
- 905 Creeking / Stream Study
- 906 Friendship Bracelets \$
- 907 Outdoor Recreation
- 908 Swing Dance / Square Dance

# 2022 Licking County 4-H Camp

## Super Session Descriptions

**Archery**: Learn archery basics with a certified shooting sports instructor. (201 / 301 / 501 / 601 / 801 / 901) (10/session)

**Atlatl Adventures**: Sounded out as 'at-ladl', the atlatl is an ancient stick used by some indigenous peoples of North America to propel a spear or dart for hunting. While at camp, we'll use it to learn about leverage and velocity – all while having a blast! Try something new!!! (701 / 902) (12/session)

**Balloon Animals**: An opportunity to learn how to make your own balloon animals. (101 / 202 / 302) (10/session)

**Basketball**: Hit the court to enjoy some hoops with other campers. (102 / 303) (15/session)

**Camp Songs**: Like to sing camp songs? This is an opportunity to learn new songs, and assist counselors in leading songs during camp activities. (103 / 702) (15/session)

**Canoeing & Kayaking**: This easy session will teach you the basics of canoeing and kayaking at 4-H Camp Ohio. (203 / 304 / 502 / 602 / 802 / 903) (12/session)

**Canvas Painting**: Sure to be a new favorite, try out your painting skills! Be as creative as you like! Cost: \$5.00 (204 / 703 / 904) (15/session)

**Cheerleading**: Yells, chants and jumps, oh my! Learn all of the basics from current high school cheerleaders. (104 / 401 / 803) (15/session)

**Creeking / Stream Study**: Wade into the creek at 4-H Camp Ohio and discover what's hiding under the rocks and swimming around your feet. (105 / 205 / 305 / 402 / 503 / 603 / 704 / 804 / 905) (20/session)

**Disc Golf**: Enjoy learning how to play Disc Golf, and have a chance to play against other campers! Beginners – DOUBLE SESSION (106 / 403). \*\*Advanced – SINGLE SESSION (306 / 604) (10/session)

**Fishing**: Take time out to visit the 4-H Camp Ohio pond and spend a little time with your fishing pole! Campers are welcome to bring their own pole, but it is not required; bait will be provided. TRIPLE SESSION (404 / 705) (15/session)

**Flying Squirrel**: Here's your chance to try out your super hero power in flying! Helmet and safety harness provided. DOUBLE SESSION (206 / 504 / 805) (15/session)

**Friendship Bracelets**: If your favorite part of every crafts session was making friendship bracelets, this session is for you! Cost: \$5.00 (307 / 605 / 906) (15/session)

**High Ropes**: For those who would like to walk among the tree tops and try out their courage. Please note that all class activities take place among the tree tops and involve maneuvering at heights greater than 20 feet. (AGE: 12 and older). Cost: \$20.00 TRIPLE SESSION. (107 / 405 / 706) (12/session)

**Line Dancing**: Learn all the great steps that will keep you out on the floor during the dance. A review of old favorites, and new dances, to challenge your abilities. (406 / 505 / 606) (20/session)

**Nature Hike:** Enjoy the opportunity to explore the trails and forests of 4-H Camp Ohio – maybe even find a few hidden treasurers along the way. DOUBLE SESSION (207 / 407) (20/session)

**No-Sew Fleece Blankets:** Participants will bring with them to camp the fleece fabric of their choosing. Staff members will then assist them in making measurements, cutting the fleece, and finishing it off with knots! The results: a perfect blanket for their camp bunk! DOUBLE SESSION (108 / 506 / 806) (20/session)

**Outdoor Recreation:** Take your pick of outdoor fun: Giant Connect Four, Gau-Gau pit, Volleyball and 9-Square in the Air (109 / 308 / 707 / 807 / 907) (20/session)

**Paper Rockets:** Campers will build and launch their own paper rockets while learning principles of rocketry such as trajectory, motion, speed, and aerodynamics. (110 / 408 / 708) (15/session)

**Pretty Painted Pots:** Feeling creative? Try your hand at creating a unique pot for your favorite plant. Pot, paint and seed packet provided! COST: \$5.00 (309 / 607) (15/session)

**Sand Art Creations:** Use colored sand to create a new favorite decoration for your room or desk! COST: \$5.00 (208) (15/session)

**Sew Fun – 4-H Pillowcase:** Whether you have experience in using a sewing machine, or not... Make a 4-H pillowcase and take it home to remember the fun you had at camp! DOUBLE SESSION Cost: \$10 (808) (12/session)

**Shooting Sports:** Come and learn the basics of using a Pistol–Age 11+ (111) / Shotgun–12+ (409) / Rifle–Age 8+ (709). Equipment, goggles and ear protection provided. TRIPLE SESSION Cost: \$10.00 (10/session)

**Shrinky Dinks:** Everyone’s favorite craft! Use plastic to create a new keepsake or tag for your key chain by using your artistic skills to draw and sketch graphics of your choosing. COST: \$5.00 (112 / 410 / 710) (15/session)

**Sling Shot:** Yes, you read that right! Sling Shot! Enjoy camp’s new sling shot range and try out your skills in shooting with accuracy! (113 / 209 / 310) (10/session)

**Snack Attack:** An opportunity to get into the kitchen and learn fun snacks recipes! Cost: \$5.00 DOUBLE SESSION. (114 / 411 / 711) (15/session)

**Spanish 101:** Learn various words and basic terms to begin exploring the Spanish language. (412 / 608) (15/session)

**STEM – DRONE Operation Basics:** Be introduced to the basics of coding and learn how to fly a drone. DOUBLE SESSION (210 / 507 / 809) (10/session)

**Swing Dance / Square Dance:** Whether you already love swing / square dance, or you’d just like to learn, this session is for you! (810 / 908) (15/session)

**Team Challenge:** Work as a team in order to solve mental and physical challenges that will keep you on your toes! TRIPLE SESSION (115 / 413 / 712) (20/session)

**Tie Dye:** Brighten up your wardrobe with a new tie dye creation. Bring: Items to tie dye (shirt, pillow case, socks, or just about any item of clothing!) Cost: \$5.00 (414 / 508 / 609) (15/session)

**Zip Line, Climbing Wall & Rappelling:** Fly down the line and zip into fun! Head up to the tower and enjoy a cool ride through the trees. Helmet and safety harness provided. TRIPLE SESSION. (116 / 415 / 713) (15/session)