

A. 4-H PROJECT WORK (20 points): List by major projects and/or program areas. Use numbers when appropriate to show size, extent, growth, number of items, savings, etc. over time.

Year    Project name    Things made, produced, learned, etc.

20XX    Woodworking    Made a bookshelf for my room; worked 57 hrs, \$72; saved \$100; learned to use a sander.

**SHEEP / MARKET LAMB**

2017	Market Lamb	Raised and exhibited two market lambs. Made a profit of \$575.35. This year I continued my work in learning to shear. I sheared three ewes without assistance. I plan to shear more each year! Kept ewe lamb to return to farm for breeding.
2016	Market Lamb	Raised and exhibited two market lambs. Made a profit of \$245.67. This year I learned how to shear a ewe, with assistance from my dad. Previously, I had only worked with clipping lambs for show. Shearing ewes is much more difficult! Kept ewe lamb to return to farm for breeding.
2015	Market Lamb	Raised and exhibited two market lambs. This year I began working more with vaccinations, while learning to administer both sub-Q and IM injections. I helped to vaccinate our sheep, but also my grandparent's cattle. Made a profit of \$315.63. Kept ewe lamb to return to the farm for breeding.
2014	Market Lamb	Raised and exhibited two market lambs. Focused on learning to better brace and train my lambs for showmanship classes. Made a profit of \$538.93. Kept ewe lamb to return to the farm for breeding.
2013	Market Lamb	Raised and exhibited two market lambs. Learned about sheep disease management and treatment, due to an experience with papillomatosis (warts) that our lambs contracted. Made a profit of \$134.22. Sold both lambs due to concerns for transmission of the papillomatosis virus to the breeding flock. While I had greater income due to selling both lambs, I also had more expensive veterinary expenses due to necessary wart treatment.
2012	Market Lamb	Raised and exhibited one market lamb. Learned how to train a lamb to be shown and caring for them on a daily basis. Made a profit of \$542.49, due to my grandparents' support during the sale.

**ENVIRONMENTAL SCIENCES**

2017	Why Trees Matter	Learned how to measure the height and circumference of a tree, estimate board feet, and identify different species of trees.
2016	Exploring Ponds	Learned about watersheds, how to measure the size of a pond, testing water for pH levels, and how to identify pond plants and insects.
2015	Exploring the Outdoors	Gained experience in identifying birds and plant life, constructed two seine to be used in stream study, and visited various parks in my area to learn about activities available in the outdoors.
2014	Fishing for Intermediate	Learned how to filet a fish for consumption, to better identify different types of fish habitat – and which fish prefer those habitats, and how to take water temperature in local bodies of water.
2013	Fishing for Beginners	Started out studying the parts of a fish, then learned how to attach a hook to a fishing line, and identify various species of fish prominent in Ohio.

**OTHER PROJECT**

2013	Collectibles	Became familiar with items that are most often collected, learned how to press a penny, started a collection of pressed pennies, and learned how to document a collection for inventory and safety purposes.
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B. 4-H **PARTICIPATION** (20 points): List 4-H activities, field trips, tours, workshops, camps, judging events, contests, exhibits.

Year    Event    What I did; where event took place; including demonstrations and talks given.

20XX    Field Trip    Went with 4-H group to the Ohio Dairy Research Center; gave two talks to 4-H dairy clubs.

#### **TRAINING...**

- Livestock Quality Assurance Training: 2017 (Sheep) / 2016 (Sheep) / 2015 (Sheep) / 2014 (Sheep) / 2013 (Sheep) / 2012 (Sheep)
- Officer Training School: 2015 (Treasurer) / 2014 (Health & Safety Officer) / 2013 (Health & Safety Officer) / 2012 (Recreation Leader)
- Wilmington College Little International Showmanship Show: 2014 (Sheep) / 2013 (Sheep)

#### **DAY / RESIDENTIAL CAMP PROGRAMS...**

- Licking County 4-H Summer Camp Counselor : 2018 / 2017
- Teen Leader Winter Retreat: 2018 / 2017
- Licking County 4-H Summer Camp (camper): 2016 / 2015 / 2014 / 2013 / 2012
- Ohio 4-H Space Adventure Camp: 2015
- State 4-H Astro Camp: 2014
- Ohio 4-H Science Saturday: 2012 (Science of Sound) / 2010 (GPS: Geocaching)
- Licking County 4-H Mini-Camp (camper): 2012 / 2011
- Licking County Farm Safety Day Camp: 2009 (Reeves Farm) / 2007 (Felumlee Farm)

#### **LIVESTOCK PROJECT EVENTS...**

- Sheep Project Workshop: 2017 / 2016 / 2015 / 2014 / 2013 / 2012 / 2011 / 2010 / 2009 / 2008
- Sheep Project Winter Clinic: 2008

#### **HARTFORD JUNIOR FAIR BOARD...**

- Junior Fair Board Member: 2018
- Ohio Fair Managers Association – Junior Fair Conference: 2018

#### **HARTFORD FAIR EVENTS...**

- Hartford Fair General Livestock Judging Contest: 2017 / 2016 / 2015 / 2014 / 2013 / 2012
- Hartford Fair Sheep Skillathon Contest: 2017 / 2016 / 2015 / 2014 / 2013 / 2012
- Hartford Fair Farm Chore Olympics: 2016 / 2015
- Hartford Fair Natural Resource Area Fishing Day: 2014 / 2013 / 2012
- Hartford Fair Parade: 2008

#### **PROJECT EXHIBITION & EVALUATION...**

- State 4-H Project Achievement Awards Submission: 2018 / 2017
- County 4-H Project Achievement Awards Submission: 2017 / 2016
- Hartford Fair – Sheep Show: 2017 / 2016 / 2015 / 2014 / 2013 / 2012
- Hartford Fair – Sheep Project Skillathon / Interview: 2017 / 2016 / 2015 / 2014 / 2013 / 2012
- Hartford Fair – Wool Show: 2012

#### **4-H CLUB FIELD TRIPS & EVENTS...**

- Velvet Ice Cream Visit & Tour: 2016
- Farm Chore Olympics – Club Team Member: 2016 / 2015 / 2014
- Lees Family Farm Visit: 2014 / 2013 / 2012
- Lamb Pool Selection: 2015 / 2014 / 2013 / 2012
- Bowling Party and Social: 2013 / 2012
- Bailey Hog Finishing Floor Operation Tour: 2012
- Johnstown Feed Mill Tour & Educational Program: 2011
- Outville Power Show – Concession Stand: 2011 / 2010 / 2009
- 4- H Club Community Car Wash: 2011 / 2010 / 2009
- Ohio Fresh Eggs Tour: 2009

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**C. MAJOR 4-H HONORS (10 points):** Include 4-H awards, recognition, and other sources of pride and self-esteem.

<u>Year</u>	<u>Honor</u>	<u>For what accomplishment</u>
20XX	1st Place Trophy	State Fair Model Rocketry Evaluation

**STATE LEVEL...**

2017	State 4-H Achievement Awards	Environmental Sciences – 1 <sup>st</sup> Alternate / Sheep – 2 <sup>nd</sup> Alternate
2016	State Fair – Sheep Skillathon	Age 13 Division – 9 <sup>th</sup> Place Overall / Honorable Mention (Book)
2015	State Fair – Natural Resources	Outstanding of the Day – Explore the Outdoors
2015	State Fair – Sheep Skillathon	Age 12 Division – 8 <sup>th</sup> Place Overall / 1 <sup>st</sup> Place Record Book
2014	State Fair – Natural Resources	Outstanding of the Day – Fishing for Intermediates
2014	State Fair – Sheep Skillathon	Age 11 Division – 11 <sup>th</sup> Place Overall / Honorable Mention (Book)
2014	Wilmington Little International	Junior Division – Sheep (3 <sup>rd</sup> Place)
2013	State Fair – Sheep Skillathon	Age 10 Division – 3 <sup>rd</sup> Place Overall / Honorable Mention (Book)

**COUNTY LEVEL...**

2017	County Achievement Night	Certificate: Citizenship & Community Service / Environmental Sciences / Personal Development / Sheep; Pin: Leadership; Trip Delegate: Ohio 4-H Conference
2017	County / State Trip Delegate	Leadership Washington Focus
2017	County Project Judging Awards	Why Trees Matter – A / Superior / Ohio State Fair Selection
2017	Hartford Fair Judging Contest	4 <sup>th</sup> Place Swine Division
2017	Hartford Fair Sheep Skillathon	Overall Contest 4 <sup>th</sup> Place / Record Book – 1 <sup>st</sup> Place
2016	County Achievement Night	Pin: Citizenship & Community Service / Environmental Sciences / Personal Development / Sheep; Trip Delegate: Leadership: Washington Focus
2016	Hartford Fair Judging Contest	5 <sup>th</sup> Overall Junior / 1 <sup>st</sup> Place Beef Division
2016	Hartford Fair Sheep Skillathon	Record Book – 2 <sup>nd</sup> Place / Interview 2 <sup>nd</sup> Place
2016	County Project Judging Awards	Exploring Ponds – A / Superior / Ohio State Fair Selection
2015	Hartford Fair Judging Contest	5 <sup>th</sup> Overall Junior / 1 <sup>st</sup> Place Swine Division
2015	Hartford Fair Sheep Skillathon	Record Book – 1 <sup>st</sup> Place
2015	County Project Judging Awards	Explore the Outdoors – A / Superior / Ohio State Fair Selection

**D. 4-H COMMUNITY SERVICE/CITIZENSHIP (10 points):** Activities performed through 4-H to benefit community.

<u>Year</u>	<u>Name of Activity</u>	<u>What I did, accomplished, or learned</u>
20XX	"Adopt-a-Road"	Picked up trash two times along a 2 mile stretch of road.

2017	Rover Round-Up	Assisted SWCD Office volunteers in collecting trash along the Licking River.
2017	Litter Collection	Assisted JFB in cleaning up the grandstands (6 times) during the Hartford Fair.
2017	Event Volunteer	Served as a volunteer during the Licking County 4-H Committee's Clover Chess Challenge Tournament (May) and Fall Grade Championships (November)
2016	Food Drive	Donated 15 canned food items to 4-H Club food drive for local food pantry.
2016	Litter Collection	Assisted JFB in cleaning up the grandstands (3 times) during the Hartford Fair.
2015	Project Donation	Donated homemade seine to 4-H Camp Ohio (Explore the Outdoors)
2015	Litter Collection	Assisted JFB in cleaning up the grandstands (3 times) during the Hartford Fair.
2015	Food Drive	Donated 12 canned food items to 4-H Club food drive for local food pantry.
2014	Event Volunteer	Served as a volunteer during the Licking County 4-H Committee's State Elementary Championship Chess Tournament
2013	Project Donation	Donated fish diagram to 4-H Camp Ohio (Fishing for Beginners)
2013	Litter Collection	Assisted JFB in cleaning up the grandstands during the Hartford Fair.
2013	Event Volunteer	Served as volunteer during Licking County 4-H Clover Chess Challenge
2012	Litter Collection	Assisted JFB in cleaning up the grandstands during the Hartford Fair.
2012	Clean Up	Volunteered to assist in cleaning the fairgrounds prior to Hartford Fair.
2011	Car Wash	Participated in 4-H Club car wash to provide service to the public for donation.
2011	Outville Power Show	Worked concession stand during event to raise funds for the club.
2010	Car Wash	Participated in 4-H Club car wash to provide service to the public for donation.

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**E. 4-H LEADERSHIP: EDUCATIONAL/PROMOTIONAL (15 points):** Activities performed to benefit and strengthen 4-H.

Year    What I did, organized, taught or accomplished

20XX    Taught 10 members how to properly construct a birdhouse at our club meeting.

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| 2017..... | <ul style="list-style-type: none"><li>* Explained to approximately six 4-H Club members the difference between different type of shearing equipment, and when they should be used as a part of my Market Lamb 4-H project.</li><li>* As a 4-H Camp Counselor, I assisted in teaching the following 45 minute classes for camp participants: cross country, swimming games, frisbee golf, line dancing, and yoga.</li><li>* Encouraged 4-H members in my club, as well as a few friends who are not members, to attend 4-H Summer Camp at 4-H Camp Ohio.</li><li>* Presented demonstration that illustrated how to identify trees and how to preserve leaves as a part of a leaf collection to approximately 6 4-H Club members as a part of Why Trees Matter 4-H project.</li><li>* Served as mentor for seven old boy during Pee Wee Showmanship Class.</li></ul> |
| 2016..... | <ul style="list-style-type: none"><li>* Explained to approximately 30 4-H Club members how to inspect sheep for potential barber pole worm presence, and how such health concerns can be addressed as a part of Market Lamb 4-H project.</li><li>* Presented demonstrating that illustrated how pollution can effect a watershed to approximately 30 4-H Club members as a part of Exploring Ponds 4-H project.</li><li>* Served as mentor for six year old boy and four year old girl during Pee Wee Showmanship Class.</li><li>* Encouraged peer who was not enrolled in 4-H to attend Licking County's 4-H Camp at 4-H Camp Ohio.</li></ul>   |
| 2015..... | <ul style="list-style-type: none"><li>* Demonstrated to approximately 42 4-H Club members how to read a medication label and insert as a part of Market Lamb 4-H project.</li><li>* Presented talk to explain how to make a seine, and how it would be used to approximately 42 4-H Club members as a part of Explore the Outdoors 4-H project.</li><li>* Worked as volunteer during Licking County 4-H Committee's Chess Tournament held in Columbus. Assisted in concession stand to sell food and beverages.</li><li>* Served as mentor for three year old girl in preparing for Hartford Fair Pee Wee Showmanship Class.</li><li>* Encouraged peer who was not enrolled in 4-H to attend Licking County's 4-H Camp at 4-H Camp Ohio.</li></ul>   |
| 2014..... | <ul style="list-style-type: none"><li>* Demonstrated to approximately 35 4-H Club members how to appropriately fill a syringe in preparation for administering a vaccination as a part of Market Lamb 4-H project.</li><li>* Presented information about safety around water, including appropriate rescue equipment and signs to place near ponds, to approximately 35 4-H Club members as a part of Fishing for Intermediates 4-H project.* Worked as volunteer during Licking County 4-H Committee's State Elementary Chess Championship held in Columbus. Assisted in concession stand to sell food and beverages.</li><li>* Encouraged peer who was not enrolled in 4-H to attend Licking County's 4-H Camp at 4-H Camp Ohio.</li></ul>   |
| 2013..... | <ul style="list-style-type: none"><li>* Explained to approximately 30 4-H Club members what pressed penny was, how they are made, and why I had chosen to collect them as a part of Collectibles 4-H project.</li><li>* Demonstrated to approximately 30 4-H Club members the three important C's (clean water, clean feed and clean bedding) to keep in mind when working with sheep as a part of Market Lamb 4-H project.</li><li>* Presented information about types of fish, and where to find different species, in Ohio to approximately 30 4-H Club members as a part of Fishing for Beginners 4-H project.</li><li>* Served as volunteer during Licking County 4-H Committee's State Elementary Chess Championship held in Columbus. Assisted in concession stand to sell food and beverages.</li></ul>  |
| 2012...   | <ul style="list-style-type: none"><li>* Explained to approximately 30 4-H Club members important aspects of a sheep project, including activities available, as a part of Discovering 4-H project.</li><li>* Demonstrated to approximately 30 4-H Club members how to select market lambs to be used in my project, and what types of information were important to have during selection, as a part of Market Lamb 4-H project.</li></ul>   |
| 2008...   | <ul style="list-style-type: none"><li>* Promoted 4-H Club by riding on club's float during Hartford Fair Parade.</li></ul>   |

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**F. 4-H LEADERSHIP: OFFICE/COMMITTEE (10 points):**

<u>Year</u>	<u>Office/Committee (elected/appointed)</u>	<u>What I did and/or learned</u>
20XX	Treasurer, Splashers 4-H Club	Kept list of dues, wrote checks and gave reports.

2018	Junior Fair Board	Selected to serve as Hartford Junior Fair Board member. Plan to serve on the Sheep Committee. Will be responsible for planning and facilitating activities within the Sheep Department throughout 2018.
2018	Camp Counselor	Selected to serve as a Summer Camp Counselor. Plan to serve on the Campfire Committee again this year. Will assist in leading Outpost activities.
2017	Camp Counselor	As a Camp Counselor, I was a member of the Campfire Committee. I assisted in planning and conducting Campfire activities on four evenings during camp.
2015	Club Treasurer	Maintained financial records, reported on financial activity during each meeting, kept record of all financial activity throughout the year.
2014	Club Safety Officer	Reported on safety topics during each and every club meeting. Safety topics focused on both human and livestock issues that 4-H members might encounter.
2013	Club Safety Officer	Reported on safety topics during each and every club meeting. Safety topics focused on both human and livestock issues that 4-H members might encounter.
2012	Club Recreation Leader	Led mixers and games during each club meeting. At the conclusion of each meeting, activities would be led with both project and Cloverbud members.

**G. NON 4-H EXPERIENCES IN SCHOOL, CHURCH AND COMMUNITY (5 points):**

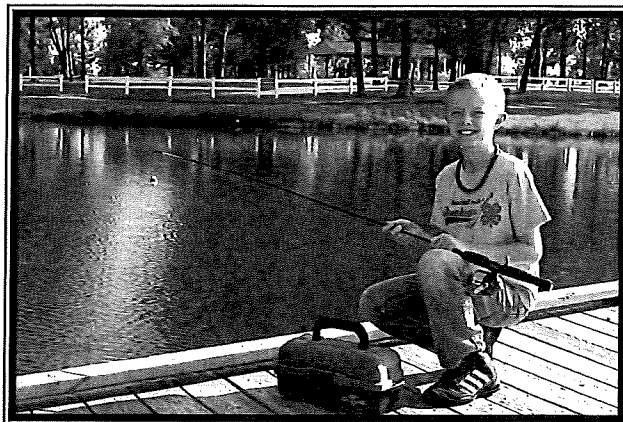
<u>Year</u>	<u>List your most meaningful participation in school, church and community organizations.</u>
20XX	Directed Senior Class Play including a cast of 30 members.

2017 -18 9 <sup>th</sup> Grade	Utica High School: Cross Country Team / Basketball Team / All Ohio Cross Country Camp / UHS Cross Country Camp / UHS Basketball Camp / Redskin Running Club Volunteer / Utica UMC Sunday School / Utica UMC Youth Group / OSU 4-Miler Runner / WV 4-H 5K Runner
2016-17 8 <sup>th</sup> Grade	Utica Junior High School: Cross Country Team / Basketball Team / Track & Field Team / PRIDE – Gifted Program / Washington D.C. Trip Participant / 4.0 GPA / Redskin Running Club Volunteer / UHS Cross Country Camp / Breakthrough Basketball Camp / Myers Running Camp / Sullivan Shooting Camp / AAU Basketball Player Utica UMC Sunday School / Columbus Half-Marathon Runner / 4-H Camp Ohio 5K Runner / OSU 4-Miler Runner / WV 4-H 5K Runner
2015-16 7 <sup>th</sup> Grade	Utica Junior High School: Cross Country Team (Coach's Award Recipient) / Basketball Team / PRIDE – Gifted Program / Track & Field Team / 4.0 GPA / UHS Basketball Camp / Newton 5K Runner / 4-H Camp Ohio 5K Runner / Biddy Basketball Team / Mike Helfer Basketball Camp / Breakthrough Basketball Camp / Aaron Craft Basketball ProCamp / Utica UMC Sunday School / Church Musical
2014-15 6 <sup>th</sup> Grade	PRIDE – Gifted Program / Elementary Band / 4.0 GPA / Biddy Basketball Team / UHS Basketball Camp / Newark High School Basketball Camp / Newton Elementary 5K Runner / 4-H Camp Ohio 5K Runner / Elementary Band / 6 <sup>th</sup> Grade Student Council Representative / Reading Counts Recognition Utica UMC Sunday School / Church Musical / Trail Life Member (field trips, camp outs, workshops and service projects)
2013-14 5 <sup>th</sup> Grade	PRIDE – Gifted Program / Student Council Representative / 4.0 GPA / Perfect Attendance / Elementary Band / Biddy Basketball Team / UHS Basketball Camp / 4-H Camp Ohio 5K Runner / Sunday School / Jamboree at the Mill Sheep Show (WV) / Cub Scout Member (pinewood derby, field trips, camp outs, banquet, and crossover ceremony)

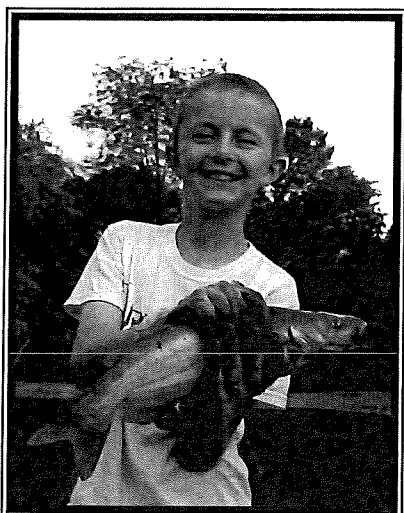
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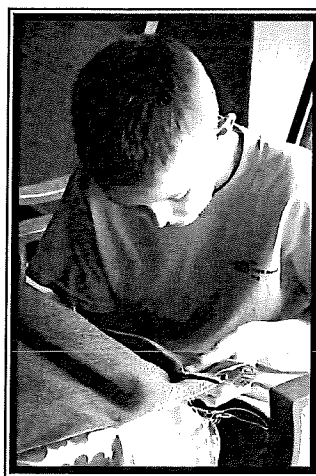
2012: During my first year in 4-H project work, I was very excited to finally exhibit my very own lamb.



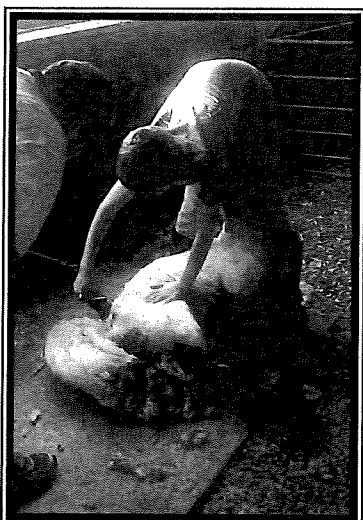
2013: Fishing at the Hartford Fair as I completed activities for my "Fishing for the Beginner" 4-H project.



2014: Biggest fish caught during my "Fishing for Intermediates" 4-H project.



2015: Constructing a seine as a part of my "Explore the Outdoors" project. This net was donated to 4-H Camp Ohio.



2016: Shearing one of the ewes from my grandparents' flock. This was the first time I sheared by myself.



2017: As a Camp Counselor, I was proud to have my cabin recognized with a Clean Cabin Award during 4-H Summer Camp.