

**A. 4-H PROJECT WORK** (20 points): List by major projects and/or program areas. Use numbers when appropriate to show size, extent, growth, number of items, savings, etc. over time.

Year    Project name    Things made, produced, learned, etc.

2006    Woodworking    Made a bookshelf for my room; worked 57 hrs, \$72; saved \$100; learned to use a sander.

**Beef** 2006    Showed Steer Pool Steer in Pool class and in showmanship. Worked with beef breeders to learn showmanship and training techniques. Sold Steer for \$2100 Will select 2007 Steer in November.

2006    Selected and Purchased Steer (Nov. 2005) for Steer Pool Show #510 @ \$1.26/lb Total \$642.60

2006    Purchased/Exhibited 4 Dairy Feeder Steers \$150 per head Feeding/Breaking for Dairy Feeder Show. Mentored several younger members in club with training and showing clinics. Steers home to finish

2005    Exhibited /raised 3 Steers. Calves were \$150- 3 day old calves. Total feed expenses \$176.32 Participated in Showmanship and Breed classes. Mentored new members

2004    Raised 3 Dairy Feeders Raised 3 day old calves Each calf consumed a bag of milk replacer at \$50. Purchased for \$140 Total feed expenses \$165.32 Exhibited /mentored younger members

2003    Raised and exhibited 2 Dairy Feeder Purchased 3 day old calves \$125. Total feed expenses \$174.82 Learned to break Worked with feed program. Worked on Showmanship.

2002    1st year showing steers. Purchased 3 day old calves \$100/ each. Bucket fed milk replacer for 36 days. Offered show chow to calves at 1 week old. Feed Expenses \$165.75 Learned to break/ control calves.

2006-2002    We always bring our Dairy Feeder Steers home to finish. Do not sell at Hartford Jr. Fair Auction

**Family Life and Child Development** 2006    Family Life Self Determined - Family Farm and Child Safety; created video program, Farm inventory safety sheet, worked with farm crisis nurse/Grady Memorial Hospital.

2005    Growing in Communities. Organized three group service projects, worked with 10 youth of all ages

2004    Growing in Communities. Participated in community children's projects including day care center, sports day camp. Created learning adventures Mini sports camp for 6-10 years old. 15 children

2003    Teens Learn about Children- Facilitated and Organized Mini Day camp for 10 young children.

2003    Volunteering 2-3 hours per week in Developmentally Handicap class. Teaching 7 year old to read.

2002    Teens Learn about Children. Gathered 6-8 children age 2-8 to learn about their likes and dislikes, their social skills and their habits. Created and designed new play tools and manipulatives.

2001    More Living and Learning with Children. Worked with 5 children ages 3-6 for a period of 6 weeks. Used different types of play to create activities to be used in-groups and alone.

2000    Living and Learning with children. Learning about children How to take care of safety/fun at the same time. Developed childcare style. Continued my desire to be a schoolteacher. 4 children age 3-6.

**Market Hogs** 2006    Showed 3 Market Hogs. Cost / hog \$180, feed \$48. Sold at Auction \$800 sold 2 @\$135

2005    Raised/exhibited 3 hogs. Expenses \$178 per hog. Sold at auction \$1120 Sold open market 2 hogs \$280

2004    Showed 2 Market Hogs. Expenses \$175 per hog Sold at auction \$850. Sold 1 open market for \$147

2003    Exhibited 3 hogs at fair. Expenses \$150 per hog. Sold at auction \$720. Sold 2 on open market for \$98.00 Worked on Skill-a-thon presentation. Unable to participate in Showmanship due to State Fair

2002    Entered 3 hogs/fair Expenses/ \$165.00/ head. Sold 1 fair / \$1500. Sold 2 /market/ \$118.00. Experimented with new feed program. Changing levels at different weights.

2001    Exhibited 3 hogs. Expenses were \$140.00/ hog. Sold 1 auction for \$1020. Sold 2 at market for \$121.00. Showmanship. Skillathon Worked with different styles of showmanship equipment

2000    Entered 3 hogs. Expenses were \$122. Per hog. Sold at sale for \$1050.00. Sold 2 for 105.00 at market.

1999    Worked with 3 hogs. Expenses were a little higher as we bought hogs from different breeder. Expenses were \$155. per hog. Participated in showmanship. Working on keeping hog in front of me in ring

1998    Exhibited 3 hogs. Expenses/ \$115.00 per hog. Sold for \$550.00, sold 2 at market for \$105. Showmanship Worked with older 4-H members on style of showmanship

1997    Entered 3 hogs, Expenses/ \$97.00 per hog. Sold at auction/ \$450.00. Showmanship. 1990-96 PeeWee

**Food and Nutrition** 2003    Yeast Breads on the Rise 2002-01-00 Dairy Foods Contest 2001 Quick Breads – Harvested, milled our family wheat 1999 Adventures with Food. 1997 Mini-Meal magic. **Other projects** 2002-

99 Bred /raised own herd of dairy goats/ market goats. 4 years in Meat, Breed and open class 2000-1997

Bred, Raised and Showed Mini-lop Rabbits 1998 Ready Let's Sew **Group projects:** Theatre, Welding

Landscaping, Woodworking, Food, Fitness and Fun, Outdoor Cooking. Ready Let's Sew Exploring Out-of

Doors. First Aid Health and Safety. Fishing project.

DO NOT ADD ADDITIONAL PAGES

**B. 4-H PARTICIPATION (20 points):** List 4-H activities, field trips, tours, workshops, camps, judging events, contests, exhibits.

Year    Event    What I did; where event took place; including demonstrations and talks given.

2006    Field Trip    Went with 4-H group to the Ohio Dairy Research Center; gave two talks to 4-H dairy clubs.

**Livestock Projects Beef and Swine**

2007-06	<b>Steer</b>	Will participate in Steer Poll 2007 Selection will occur in November 2006
2006	<b>Steer</b>	Exhibited steer and participated in showmanship, Ultrasound carcass x-ray to determine back fat and quality of meat and attended carcass show to observe hanging steers following fair. Worked with steer 3 hours a day to perfect showing technique
2006-05-03	<b>Conference</b>	Attended State Junior Fairboard Conference Participated in several activities
2006&2005	<b>Clinics</b>	Facilitated mini clinics for new members showing livestock Dairy Feeder, Rabbits
2005	<b>Clinic</b>	Mini clinic on selecting and caring for Steer Pool steer-facilitated by local breeder
2005	<b>Steer Pool</b>	Participated in Selection process for Steer Pool Steer 53 participants 4 ½ hrs.
2005	<b>Steer Pool</b>	Attended clinic on Nutrition and feeding practices for beef feeders. Attended meetings including record keeping, trimming, beef management and showing
2006-1997	<b>Judging</b>	Participated in Hartford Fair Judging with Dairy Feeder Steers and Market Hogs.
	<b>Hartford</b>	Mentored younger members with handling and grooming steers and hogs.
	<b>Fair</b>	Familiarized new members with barn & barn rules, show ring etiquette and rules
2006&2005	<b>Contest</b>	Facilitated General Livestock Judging Contest at Fair. Showed Steer Pool Steer
2006&2005	<b>Demo</b>	Displayed different types of feed, Feeder calf breaking techniques & Grooming
2006 & 05	<b>Weigh-In</b>	Facilitated Steer weigh-in. Registered steers, weighed and recorded 3hrs.
2006-2003	<b>Clinic</b>	Training sessions for facilitating Quality Assurance Beef and Swine 2hrs.
2004-03-02	<b>Display</b>	Facilitated a display of several livestock skillathon kits for overnight club camp
2002-01-00	<b>Contest</b>	Entered Swine and Rabbit skillathons. 2003 Livestock Judging Contest

**Special Interest Projects Family Life and Child Development**

2006	<b>Judging</b>	Self Determined Family Farm and Safety project. Contacted 20 family farms to discuss farm safety inventory, interviewed / worked with farm crisis nurse, Hartford Fair display
2005	<b>Judging</b>	Exhibited Growing in Community project at county/State Fair judging. Nursing Home project. Farm Safety project through school and 4-H Toured several playgrounds in the area for safety concerns and hazards-11 months
2005-04	<b>Camp</b>	Designed a variety of mini camps for Growing in Communities including mini-sports camp, craft camps, and 3 day on farm camp with different age children ages 2-10
2006-1997	<b>Demos</b>	Demonstrated Beef show ring ethics and proper steer management during raising and showing Jell-o making, food nutrition, child care safety, play dough making, special sewing techniques, Milled wheat, Homemade flour, Designed and constructed learning tools for food pyramid and multi handicap children 15 minute demos. Do's and Don'ts for farm safety
2004	<b>Judging</b>	Growing in Communities. Displayed a power point presentation about project activities. Displayed a variety of homemade games and learning tools
2004	<b>Field Trip</b>	Toured/ observed at Southtowne Day Care facility and playground 2 ½ hrs.
2003	<b>Judging</b>	Participated in county/state fair judging with Teens Learn about Children. Displayed puppet stage and photo journal. 5 months
2002	<b>Judging</b>	More Living and Learning with Children. Displayed life like felt dolls & board
2001		Participated in county/state fair judging with More Living and Learning with Children. Displayed plaster of paris project and bag of tricks for child care
2000	<b>Judging</b>	Participated in county/state fair Living and Learning with Children play dough
2000	<b>Training</b>	Participated in Red Cross 3 week babysitting class Learned safety and first aid

**Club and County Participation**

2006-2003	<b>Camp</b>	Selected -Jr. Camp / Gopher Camp counselor. Participated in 24+hrs training
2006-2003	<b>Judging</b>	Helped with Registration on Special Interest, Foods/ Clothing Achievement Days
2006-2003	<b>Events</b>	Participated In Junior Leader activities such as Harvest Party, Ski Trip, Speakers
2006-2003	<b>Workshop</b>	Attended Camp Ohio counselor training sessions. Variety of topics 36 hrs
2006-1996	<b>Club</b>	Attended /participated in group judging Participated in Honor Club Judging
		Attended all regular/special meetings for Dream Achievers, snacks/ hosted

**C. MAJOR 4-H HONORS (10 points):** Include 4-H awards, recognition, and other sources of pride and self-esteem.

<u>Year</u>	<u>Honor</u>	<u>For what accomplishment</u>
2006	1st Place Trophy	State Fair Model Rocketry Evaluation

**Project Work Awards**

2006	Dairy Feeder Steer Project	Won Senior and Expert Showmanship Hartford Fair
2006	Steer Pool Beef Project	Won Senior and Expert Showmanship Hartford Fair
2006	Self Determined Family Life	Best of Show Special Interest- Family Farm Safety Project
2005	Growing in Communities	Clock, Outstanding of Day Ohio State Fair
2004	Growing in Communities	Ohio State Fair, County Superior
2003	Dairy Feeder Showmanship	Reserve Grand Champion Trophy
2003	Yeast Breads on the Rise	Best of Show Project
2003-02	Teens Learn about Children	Outstanding of Day Ohio State Fair
2001	Swine Skillathon	Junior Grand Champion Winner
2001-00	More Living Learning Children	Outstanding of Day Ohio State Fair
2001	More Living Learning Children	Best of Show County Special Interest project
2000-1997	Rabbits (exhibited 6)	Grand Champ Mini-Lop Junior Grand Champ Showmanship

**State and County Awards**

2006	County Award	Joe Parrish Memorial Scholarship, Buckenberger Scholarship
2005	County	Licking County 4-H Comm. Scholarship, Carteens Scholarship
2005	County/State	County Winner/State Nominee Swine, Beef, Personal Dev. Leadership
2005-04-03	County/State	Trips Washington Focus, State Leadership, 4-H Expo
2004	County	County Winner/State Nom. Swine Alt. Citizenship, Family Life, Leadership
2003	State	Plaque Ohio 2 <sup>nd</sup> Runner up in Family Life and Child Dev.
2003	County	Book Danforth National "I Dare You" Leadership Award
2003	County/District	Certificate County Winner Family Life & Child Dev. Alt. Beef
2002-01	Dairy Foods Contest	Trophy/Tray 2002 Best of Show 2001 Best of Show

**D. 4-H COMMUNITY SERVICE/CITIZENSHIP (10 points):** Activities performed through 4-H to benefit community.

<u>Year</u>	<u>Name of Activity</u>	<u>What I did, accomplished, or learned</u>
2006	"Adopt-a-Road"	Picked up trash two times along a 2 mile stretch of road.
2006	Participated in beef display at Elementary farm display.	Worked with feed nutrition and animal care
2006	Set-up Farm Safety display for week long exhibit at Hartford Fair, Farm Zone children's area.	A toy scale farm with hazardous for children to identify. Video presentation with actual farm pictures
2006-05	Organizing Farm Safety 4 Kids, a national organization.	Community farmers and local businesses
2005	Created Card/Month Club & Birthday Basket for local nursing home.	Partnered with local businesses
2006-2004	Worked with local farm groups during plow days and Agrarian Group meetings.	Fundraiser for club
2005-04	Participated in Kirkersville Elementary Farm Day with Farm Safety Board, designed and created for school age children through Growing in Communities project.	75 students 25 Community members
2005	Set-up and worked at Plow Days with Licking Co. Antique Tractor club food booth (2 week-ends)	
2004	Volunteered 1 hour per day(50 hours) at Kirkersville Elementary working in computer lab as part of Growing in Communities project.	Helped students navigate the internet and organize assignments.
2004	Participated in Military drive for men and women in service. Donated a variety of items through club.	
2004	Organized/Partnered with several businesses to create first aide packets for Women's Shelter. (51)	
2004-03	Created Farm Safety presentation to be used throughout county. Used in 6 presentations.	
2004-03	Collected items for homeless shelter. Volunteered at elementary library/ DH class for 4-H project.	
2005-'00	Guide at OLMC Vacation Bible School. (70 kids) Led /directed children/ weeklong experience.	
2002	Designed/constructed peg board for DH class. Colorful foam and wooden construction	
2002	Displayed 4-H items in library honoring 100 years of 4-H. Educating and promoting the public	
2001	Constructed bead and wire game for Developmentally Handicap class at elementary school.	
2000	Designed/constructed adaptive learning manipulative for local Elementary students. Partnered with brother for 4-H projects.	Built sorting and patterning game for \$10 retailed in magazine for \$42.
1999	Participated in John Deere lawnmower grant program 4 week project / 1 hr sessions on lawn safety.	
1998	Organized and participated Community Health and Safety Day. This was a yearlong project	

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E. 4-H LEADERSHIP: EDUCATIONAL/PROMOTIONAL (15 points): Activities performed to benefit and strengthen 4-H.

Year What I did, organized, taught or accomplished

2006 Taught 10 members how to properly construct a birdhouse at our club meeting.

2006	Worked with Hartford Senior and Junior Fairboard as Board Vice-President. Did several radio spots promoting 4-H and The Hartford Fair, Facilitated meetings, fair tours and group activities
2006	Facilitated Presentation at Ohio Teen 4-H conference. Attended Volunteer Conference
2006-2005	As chair of Dairy Feeder Steer Barn facilitated shows, organized barn and worked with adults. Spent several work days prior to Hartford Fairgrounds painting ,moving dirt, setting up gates and stalling animals for fair. Organized/checked in ribbons for fair. Hartford Fair Work Days
2006-2005	Mentored younger members showing extra ducks, rabbits, chickens in breed classes. Showed Steer Pool steer in Livestock Judging Contest at Hartford Fair. Exhibited sheep/Open Class
2006 & 2004	Toured 3 Different county fairs each year representing Hartford Junior Fair Board. Discovering the ways different Fair Boards interact with Sr. Fair Boards and fair exhibitors
2005	Acted as a host family for exchange counselor from Ross County. Spent 3 days touring county
2005	Worked with Carteens interactive presentation at County Safety Day at local mall on Drunk Driving using night goggles to display distorted vision due to alcohol consumption. Involved with ongoing video presentation. Video will be used for Carteens and other safety programs
2005-04	Planned and Facilitated Basket Bingo to raise money for Junior Leaders County Exchange program. Gathered donations, made phone calls, donated food, set up hall and called for bingo.
2004	Participated in Ottawa County exchange weekend. Several activities to promote County 4-H
2004	Participated in 4-H Carteens Retreat at Great Bear Lodge. Worked on cooperation/ leadership
2005-04-03	Attended Licking County Winter Retreat. Worked with other teens to prepare for coming year
2006-05-04	Facilitator Quality Assurance program. Worked with Fair Board members educating exhibitors
2006-05-04	Hartford Junior Fair Board Member. Facilitated livestock shows and participated on Beef committee and Family Consumer Science Comm. during fair. Attend training sessions. 100 hrs.
2006-2003	Facilitator for Licking County 4-H Carteens Program with Licking County Courts. Will train new facilitators to check in participants and present materials to juvenile offenders.
2005-03	School Team Leader for Licking Heights School District for School Awareness Program. Organize and present programs to encourage new 4-H members. As Team Leader will recruit members and arrange times with elementary principal.. Presentations for 300 students.
2006-2003	Participated as a camp counselor for Junior Camp and Gopher Camp (2005-2001). Participated in group training and also led small group programs such as cooking and nature centers.
2004-03-02	Member of Licking County Food and Fashion Board. Facilitate food and sewing clinics for clubs
2006-2002	Member of Junior Leader Club. Working with older members to increase leadership and organizational skills.Participated in gift exchange for less fortunate.Bring information back to club
2006-2002	Participated in club as J L for group project. Facilitated sessions/gave demonstrations for project.
2006-2002	Completed/ submitted county report form for recognition. Submitted Swine, Goat, Food /Nutrition and Family Life and Child Development. Beef 2005-04-03 Leadership/Citizenship 2005-04-03
2005-1996	Participated honor club judging. Dream Achievers 4-H club has been a Gold Honor club 10 yrs.
2006-1997	Wrote invitations and thank you notes to buyers for Hartford Junior Livestock Auction
2005-2002	Organized skill-a-thon for club meeting including all commodities sharing with all members
2005-02	Represented Licking county at Louisville National Machinery Show. Participated /55 members
2002	Member of Licking County School Awareness Team.Program to promote 4-H at local elementary
2002	Collected money and participated in "Buy a Brick" project at local level for new State 4-H building
2002	Attended groundbreaking ceremony for State 4-H building at Ohio State University.
2002	Sold water at State 4-H tailgating luncheon at OSU football game. Benefit for state 4-H building
2002	Youth Representative for Licking County at Buckeye Tree Festival at Velvet Ice Cream in Utica. Velvet Ice Cream recognized 4-H and their 100 years of success. Accepted award 4-H program.
2001	Facilitated child care program for county fundraiser project. Used games/activities from project.
2001	Helped construct/ rode on Dream Achievers float in community Christmas Parade promoting 4-H
2000	Shared baking pan learning center with developmentally handicap students at high school. Used as math learning tool. Worked with 15 remedial math students. Shared with several teachers.

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**F. 4-H LEADERSHIP: OFFICE/COMMITTEE (10 points):**

Year	Office/Committee (elected/appointed)	What I did and/or learned
2006	Treasurer, Splashers 4-H Club	Kept list of dues, wrote checks and gave reports.

2006	Peer Mentor for incoming facilitators for Licking County Carateens Plan and Prepare for sessions
2006	Vice President Hartford Junior Fair Board, Chair of Dairy Feeder Comm.
2006-05	President Licking County Junior Leader Club (43) Facilitated meetings and events
2006-05	Chair of Dairy Feeder Comm. Hartford Junior Fair Board, Member Livestock Judging Comm.
2005	President of Dream Achievers 4-H Club (33). Member of Booth committee Attended all meetings
2006-05	School Awareness Chair for 4-school team. Will create radio spots to be used with presentations
2004-03	School Team Leader for School Awareness Team at Licking Heights School District –Team WMHS
2006-03	Facilitator for Licking Co. Carateens program. Collect money, check-in and lead group activities.
2005-04	Planning Comm. for County Exchange Program Fundraiser. Basket Bingo raised \$1100.00 Funds raised for expenses for weekend. Team included 20 JL from Licking and 20 from exchange county
2006-04	Member of Dream Achievers Junior Leader Team project coordinators for self determined landscaping project (2004) and Theatre Project Soaring in the Community (2005).
2005-04	Hartford Junior Fair Board (45)-Member of Beef Comm. and Family Consumer Science Comm. Attended statewide conference. Training sessions each month. Partnered with members at fair.
2006-05-04	Planning Comm. member for Winter Retreat (30) and Gopher Camp (70)
2003	Recreation Chair for Dream Achievers 4-H club (29)- Facilitated recreation at meetings and overnight
2005-02	Member of Junior Leader County Club 2005 Planning and Organizing Night out and Harvest Event
2004-03	Member of Licking County Food and Fashion Board-13 members- Food and Nutrition Committee member- Organized and hosted overnight planning meeting
2004-02	Junior Leader in Dream Achievers 4-H club (30)- facilitates group project with club.
2001	Health and Safety Reporter presenter reports on health and safety at meetings
2000	Vice President-(30) assisted the president, acted as for president when absent, chaired all comm..

**G. NON 4-H EXPERIENCES IN SCHOOL, CHURCH AND COMMUNITY (5 points):**

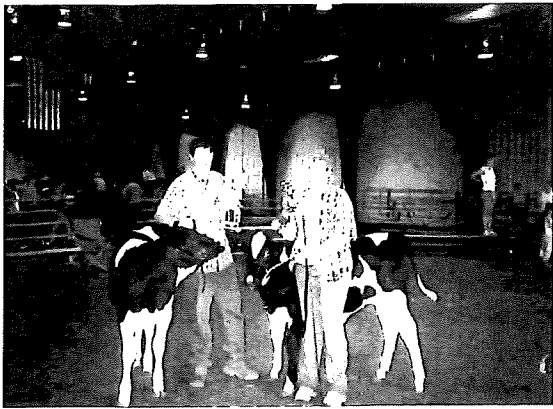
Year List your most meaningful participation in school, church and community organizations.

2006 Directed Senior Class Play including a cast of 30 members.

**School and Community**

2006	Enrolled as a full time student at COTC in Business Management and Marketing program.
2006	Graduated with honors from Watkins Memorial High School: received several college scholarships including the Williams Scholarship and The COTC McConnell Scholarship
2006-05	Completed 27 college credits (during high school) through Tech Prep Business program with Watkins Memorial and COTC. Did outside graphic design work for local companies.
2006	Watkins Memorial Track Team High Point, MVP Track thrower, OCC 2 <sup>nd</sup> team, 4 yr Varsity
2005	Selected as 5 <sup>th</sup> grade camp counselor for Kirkersville Elementary, 4 days, 75 campers
2005	Facilitated "Night with the Moon" at Kirkersville Elementary. Second Grade moon project 3 hrs.
2005	WMHS Track Team High Point Team Member, MVP Thrower, OCC 2 <sup>nd</sup> and 3 <sup>rd</sup> Team
2006-05-04	JV& Varsity Basketball 2005-04 3- yr Varsity Track Ohio State Select, Licking Co All Star
2005	Created/ Design 2005 Football High School highlights Power Point for school awards assembly
2005-04-03-02	Watkins Memorial Symphonic/Concert Choir. Fall Concerts/Spring Cabaret Varsity Choral Letter
2004	Participated in youth rally and 3 mile walk to promote SWL School District. Handed out flyers,
2003-02	WMHS Freshman Basketball Team /Varsity Track Team. Participated in OSU Indoor Track Meet, Selected for Best of Licking County Track Meet, Participated in OCC/ District Meet
2006-05-04-02-01-00	Watkins Memorial High School and Middle School Honor Roll 2004 Academic Letter
2002-2001	Watkins Middle Honors Band (60) traveled to Canada. Watkins Middle School Track Team
2002-2000	6 <sup>th</sup> , 7 <sup>th</sup> , 8 <sup>th</sup> Grade Basketball Team (12)2001"Future Leader of America" for school participation
1999	Outstanding Citizen Kirkersville School. Superior County Award Science Fair/Dental project
<b>Church</b>	Member Our Lady of Mt Carmel Catholic Church 2006 Helped organize and facilitated Knights of Columbus Youth Basketball tournament. 2005-1999 Altar Server & Eucharistic Minister Church youth group, Participated in church plays, Crop Walk program, annual service project

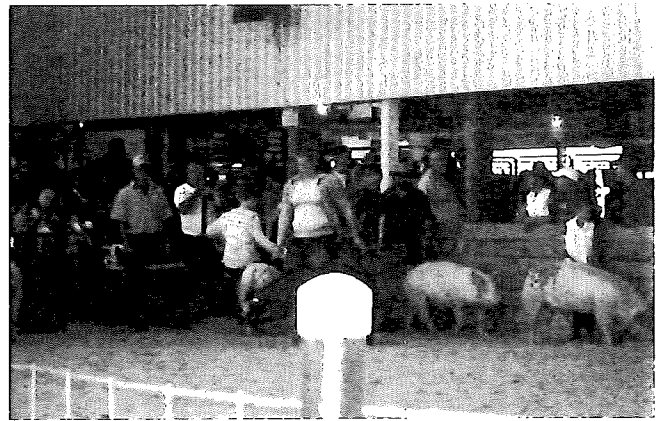
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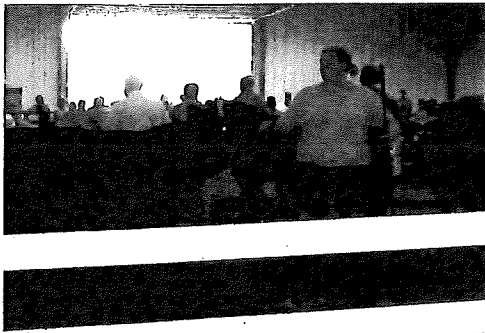
My Brother Kevin and I showing Dairy Feeder Steers

## HARTFORD FAIR

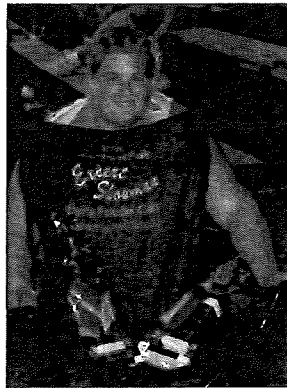
Winning Expert Showman in Dairy Feeder



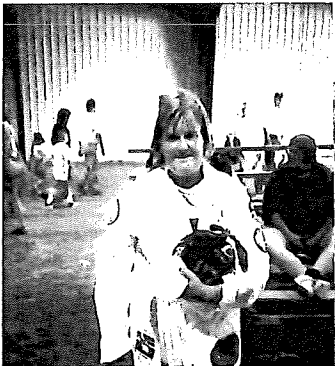
Showing hogs is more difficult than it looks



Showing Sir Loin my 2006 Steer Pool Steer. What a Rush!



Growing in Communities



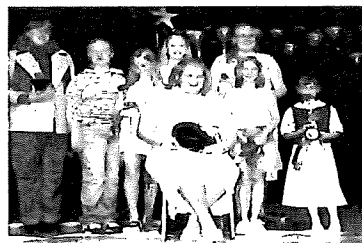
One of my first rabbit projects



From camper to counselor

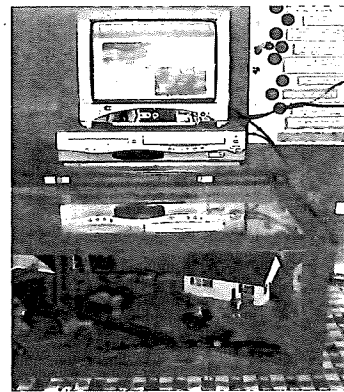


Cooperation, leadership, problem solving skills and great friends too



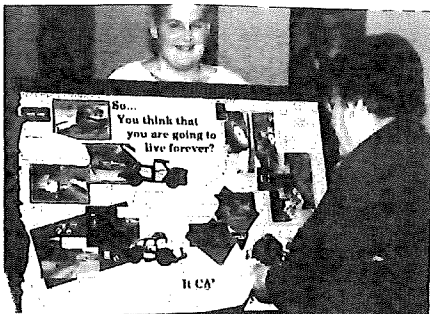
Best of Show in Foods and Nutrition

Learning and playing at the same



Self Determined Farm Safety Display at Hartford Fair

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I have learned a lot through Carteens and I hope we have taught a lot too!



Patience and understanding are very important when breaking a steer.